

Can't See The Wood For The Trees...?

The Woodland Project is a newly funded initiative offering small groups of men the opportunity to spend some practical and purposeful time exploring local woodlands. There is increasing evidence that spending time in a natural environment is good for the soul and enjoying time in a native woodland setting can be especially therapeutic.

The twelve week nature-immersive programmes aim to promote and support wellbeing in a friendly and safe, but structured environment. They are jointly organised by The Nurture Project and MensCraft.

The project is based in Kettlestone, near Fakenham, and is staffed by experienced facilitators.



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